

# ADRe - Comprehensive person-centred care assessment of needs



The Health Social Care and Sport Committee has published their report on the Use of Antipsychotic medication in care homes. The report contained 11 recommendations, with the hope that most of these can be implemented within 12 months.

## Consequences of Adverse Drug Reactions



Over the past 14 years it has been shown that adverse drug reactions (side effects) put a significant burden on the NHS

5-8%

unplanned hospital admissions in the UK

£1-2.5 bn

Costs the NHS annually

4-6%

Occupied hospital beds in the UK

20%

Accounts for a fifth of preventable emergency readmissions that happen within 1 yr of discharge

ADRe (the Adverse Drug Reaction profile) can also be used to help highlight and prevent the over-use of antipsychotic medicines in care homes.

## Feedback from nurses and stakeholders on ADRe

ADRe has been included in the Senedd report on the 'Use of antipsychotic medication in care homes' as a good practice intervention which can be used by care home staff to help identify and suggest treatments for and causes of an individual's challenging behaviour, medical and personal comfort issues



"If you are not monitoring these kind of things, well in extremis you are going to end up with disasters, you can easily have disasters, you can easily have people made ill or conditions deteriorate or mistakes made or lots of valuable information about somebody's condition not being properly picked up on, so it very important"



"Documentation is a part of working in the care home environment. But, it is a very useful tool and it's easy. It's all there. You have got individual things, what was happening with the blood pressure and all the things like that. We can present that to them [doctors]. They can look at that and then make the decision. That is why we use the Profile."



"For medications that are particularly high risk, you can absolutely see this working for a small list of very high risk medications or medications that we know are a problem. You could see it very much working well for those- using it to assess the quality of your care periodically."

## ADRe and report's recommendations

The report has attached short timelines (6-12 months) to most of its recommendations. ADRe has been validated and tested, so we believe that ADRe can be quickly and easily incorporated into existing care homes procedures and monitoring systems.



Quarterly Medication reviews (Recommendation 4 & 5)



Documented evidence of medicine monitoring (Recommendation 6)



Dementia-care training to be established within 6 months (Recommendation 10)



Comprehensive person centred care assessment of needs (Recommendation 3)